

PRAYING THROUGH LENT AND EASTER

“A Way to God for Today”

DVD series:

February 7 and 10: “Silence”

Tuesdays 9:00 – 10:00 a.m.
St. Mary Parish Ministry Center

Fridays 6:30 – 7:30 p.m.
St. John Parish Life Center

February 16: “Joy”

February 23: “Peace”

March 2: “Freedom”

March 9: “Life”

March 23: “Love”

March 30: “In Remembrance”

February 19: “Joy”

February 26: “Peace”

March 5: “Freedom”

March 12: “Life”

March 19: “Love”

March 26: “In Remembrance”

February 28

4:00 p.m. at St. Mary Church

Lenten Penance Service

Coming March 14 and 17:

The Lord’s Prayer @ St. Mary

Between NOW and THEN...

PRAY

Ash Wednesday is February 17. Come to Mass and blessing with ashes

- at St. Mary Church at 9:30 a.m., 5:00 p.m. and 7:00 p.m.
- at St. John Church at 9:15 a.m., 5:15 p.m. and 7:00 p.m.

Use The Little Black Book for daily *lectio divina* during Lent.

Join the St. Mary parish community for its parish mission on Feb. 22, 23 and 24. Fr. Domingo Rodriguez will celebrate Mass and share a message each evening at 6:30 in St. Mary Church.

Walk the Way of the Cross

- at St. Mary Church on Fridays in Lent at 7:00 p.m.
- at St. John Church on Fridays in Lent at 5:30 p.m., followed by soup supper in the church basement.

LEARN

Adults: On the parish website, click on "Generations of Faith." Click on the Call to Faith eConnect logo and enter your access code. Click on the Adult Learner Site and then on Understanding our Catholic Faith. Look for the section called "**How do we know God's will?**" Read and reflect on the following articles, then share the fruit of your reflection with a trusted friend or faith-sharing group:

February 13	Seasonal Lesson: Lent
February 20	Freedom
February 27	Free Will
March 6	Sin

Youth and children: The Call to Faith eConnect website offers Home Lessons for each chapter of the Call to Faith textbook Gr. K-8. Each week explore a chapter of Unit 5/Morality with your parents:

February 13	Seasonal Lesson: Lent
February 20	Unit 5 Chapter 13
February 27	Unit 5 Chapter 14
March 6	Unit 5 Chapter 15

Each week click on your grade level on the Learner Site and enjoy a review.

Books

Catechism of the Catholic Church # 638-658, 673-74, 988-1019, 2746-2751
U.S. Catholic Catechism for Adults, Chapter 18, pp. 237-243

Guided Meditations for Children, Jane Reehorst
Catholic Customs and Traditions, Dues
The Catholic Way to Pray, Glavich
Called out of Darkness: A Spiritual Confession, Anne Rice
Amazing Grace, Kathleen Norris

UNITY

Make a household "**game plan.**" Discuss where, when and how to observe Lent together. Check page 14 of the *Generations* magazine.

The knots in **pretzels** were meant to look like arms bent in prayer. They served as reminders to pray. Try making pretzels as a household:

Fill a large mixing bowl with 1 ½ cups warm water and dissolve 1 tablespoon of yeast into the water. Add 1 teaspoon salt and 1 teaspoon sugar. Blend in 4 cups of flour. Knead dough until smooth. Roll small balls of dough into ropes and fold into a pretzel shape. Place on lightly greased cookie sheet. Bake at 425 degrees for 12-15 minutes.

Pray as you put them in the oven: Lord, we pray that these pretzels remind us that we grow in Christ through prayer, fasting and almsgiving."

Spring flowering **bulbs** grow slowly, just as our relationship with God does. Find on page 11 of the *Generations* magazine a household activity that will illustrate the time it takes for significant change to take place.

What Do You Seek?

A deeper prayer life and relationship with God?

A greater sense of peace within yourself and with others?

Help in making an important decision in your life?

If you answered "Yes!" to any of these questions, you may wish to consider spiritual direction.

SERVE

Catholic Relief Services invites Catholics to **pray** with their families and faith community and the challenges of poverty overseas; and **give** sacrificial contributions to those in need.

300 staff members of Catholic Relief Services were already in Haiti when the earthquakes hit. More CRS staff are arriving daily to transport food, water, and medical supplies and to provide health care to the most critically injured. Please support their efforts through [Operation Rice Bowl](#). By walking in solidarity with our global family this Lent, you are helping to transform our world. For online resources, go to www.orb.crs.org.